Knock Out Opioid Abuse

Brought to you by

Partnership for a Drug-Free New Jersey

Horizon Foundation for New Jersey
SUPPORTING THOSE IN RECOVERY FROM OPIOID ADDICTION DURING COVID-19
Definition: Addiction is a treatable, chronic medical disease involving complex interactions among brain circuits, genetics, the environment, and an individual’s life experiences. People with addiction use substances or engage in behaviors that become compulsive and often continue despite harmful consequences. Prevention efforts and treatment approaches for addiction are generally as successful as those for other chronic diseases.
Since 2000, 1,000,000+ Americans have died from addiction. Every. Single. Day. 200+ Americans die from addiction.

40 Million or >1 in 7

Ages 12 and older have a substance problem...

...This is more than the number of Americans with:

- Heart Conditions (27 Million)
- Diabetes (26 Million)
- Cancer (19 Million)
THE OPIOID EPIDEMIC BY THE NUMBERS

130+ People died every day from opioid-related drug overdoses (estimated)

10.3m People misused prescription opioids in 2018

47,600 People died from overdosing on opioids

2.0 million People had an opioid use disorder in 2010

81,000 People used heroin for the first time

2 million People misused prescription opioids for the first time

15,349 Deaths attributed to overdosing on heroin (in 12-month period ending February 2019)

32,656 Deaths attributed to overdosing on synthetic opioids other than methadone (in 12-month period ending February 2019)

SOURCES
1. 2019 National Survey on Drug Use and Health. Mortality in the United States, 2018
2. NCHS Data Brief No. 329. November 2018
Drug overdose is the **leading cause** of accidental death in New Jersey.

**700%**

RISE
In the last decade, admission to drug treatment programs has risen **700%**. ¹

**14,000**

OVERDOSES
There have been almost **14,000** deaths from drug overdose since 2004. ²

**3x**

NATIONAL RATE
The rate of heroin overdose in New Jersey is **3x** the national average. ³
Definition: A process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential.
HOW IS THE COVID-19 PANDEMIC AFFECTING YOU?
IMPACT

COVID-19 global health pandemic is causing unprecedented challenges to health care and wider social structures – especially those actively using drugs, or those in or seeking recovery.

• Heightened susceptibility for and increased exposure to/transmission of COVID-19
• Limited harm-reduction services
• Uptick in accidental overdoses and overdose deaths
• Front-line peer-workers in danger
IMPACT

• **Access to Treatment**
  • Medication (methadone, buprenorphine, vivitrol)
  • Inpatient Care (detox and inpatient treatment)
  • Outpatient Care
• **Social distancing via stay-at-home order eliminating face-to-face support(s)**
  • Mutual Aid Meetings (12-step & other)
  • Faith-based support
  • Recovery Houses
  • Collegiate Recovery Programs
  • Therapy
• **Indirect**
  • Housing Insecurity
  • Food Insecurity
  • Access to Healthcare
  • Incarceration & Re-Entry
Individuals can find statewide support services at the local level by calling 211, or using the search bar on the 211.org website to search by zip code or city.
Virtual & Phone-Based Support Services during COVID-19

http://nj-cars.org/resources/virtual-and-phone-based-recovery-services
STAY SAFE!